

LIMBIC-CENC Clinical Care Monographs:
Persistent Symptoms after mild TBI: Cognitive Performance

Key Finding: LIMBIC-CENC researchers found that factors such as sleep, PTSD, and pain impacted cognitive performance after mTBI.¹

Perspective: Cognitive performance can be lowered by a range of factors other than mild TBI history.

Clinical Pearl: The treatment of cognitive difficulties in Servicemembers and Veterans with prior mTBI should be holistic and address all comorbidities.

References:

1. Belanger H, Nolen T, Levin HS, Pugh N, Walker W, Scheibel RS, Troyanskaya M, C Jaramillo, Eapen B, McDonald S, Dikman S, Hsu N, Tate DF, Williams R, Hinds SR, Cifu DX: Chronic Effects of mTBI in Veterans and Service Members on Cognition: A Biopsychological Model. J Int Neuropsychol Soc. Forty Sixth Annual INS Meeting Abstract. J Int Neuropsychol Soc. 2018. 24 s1, p123.

n.b.: The 'Perspectives' and 'Clinical Pearls' expressed are based on interpretation of findings from the described Long-term Impact of Military-related Brain Injury Consortium/Chronic Effects of Neurotrauma Consortium (LIMBIC-CENC) research studies and their assimilation with the extant literature. These views are endorsed by LIMBIC-CENC leadership but may vary across individual researchers. All findings involve Service Members (SMs), Veterans (Vs) or both.

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